

At Seedling Cafe we believe in doing things differently. Our mission is to provide you and your team with delicious, healthy food that is inspiring and satisfying.

We create fresh innovative lunch packs, buffet style meals and finger food to wow your clients or staff and add a sparkle to any event.

Talk to one of our friendly team to find out how we can make your next event worth talking about!

FIND US

343-349 Little Collins,
Cnr Equitable Place



275 Flinders Lane

www.seedlingcafe.com.au

CATERING



HEALTHY

100% GLUTEN FREE

INNOVATIVE

BREAKFAST BUFFET

Prices are per head. Min 5 people

BUD \$12

Banana bread | homemade muesli & yoghurt or coconut & raspberry chia cups

BLOSSOM \$15

Mixed frittatas | homemade muesli & yoghurt or coconut & raspberry chia cups | banana bread

BLOOM \$18

Smashed avo and goats cheese on toast or a bacon and egg breakfast toastie | freshly baked muffin | homemade muesli & yoghurt or coconut & raspberry chia cups | fresh fruit platter

DRINK OPTIONS

- Freshly squeezed OJ \$5
- Freshly squeezed Apple \$5
- Smoothies \$9.9
 - green power
 - berry nice
 - mr. mork
- Kefir soda \$5
- Sparkling water \$4
- Coconut water \$5

Tea and Coffee available.

LUNCH TO SHARE

Prices are per head. Min 5 people

SEED \$15

Fresh sandwiches (variety of fillings available) | fresh fruit platter

SHOOT \$18

Mixed frittata platter | choice of two salads | fresh fruit platter

SPROUT \$22

Mixed frittatas and meatloaf | choice of three salads | banana bread or sweet treats | fresh fruit platter

Individual lunch boxes also available.

TO SHARE

- Antipasto platter - serves 5
Olives | salami | cheese | crackers | roasted nut mix | dried fruit | chargrilled capsicum | dips
\$70 +
- Sweet treats platter - serves 5+
A selection of our raw and baked sweet treats
\$30

MORNING / AFTERNOON TEA

- Sweet treats platter \$30 (serves 5+)
- Muffins - sweet or savoury \$30 (serves 6)
- Fresh fruit platter \$25 (serves 5)
- Cake (*whole*) from \$75
Serves 10-12
Speak to our chef about our baked or raw options

If you cannot find something to suit your needs let us know and we will tailor a menu to suit.

We require a minimum of 48 hours notice for all catering orders.

Talk to us about delivery options

Contact Georgia 0401681139
Or email catering.seedling@gmail.com